

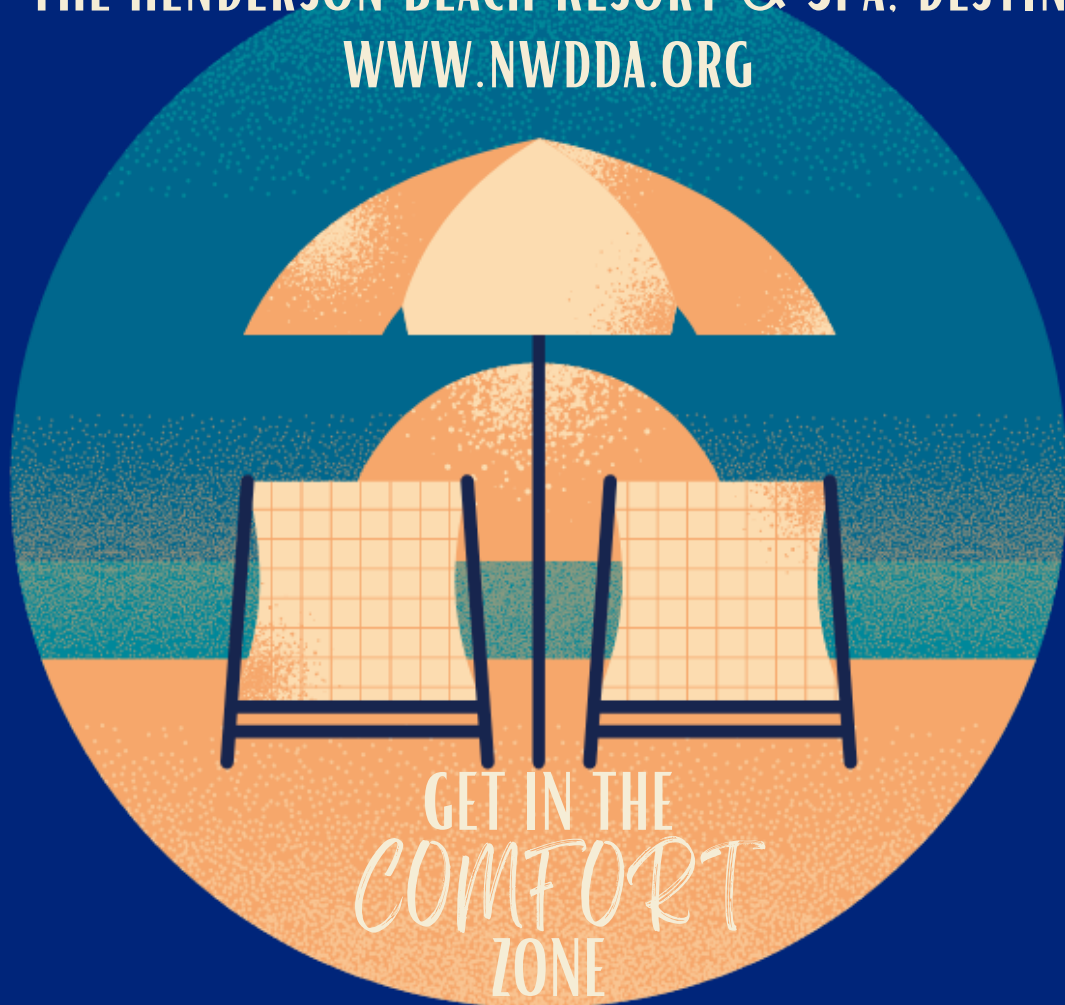
2024

NWDDA Annual Meeting

FEBRUARY 2-3, 2024

THE HENDERSON BEACH RESORT & SPA, DESTIN

WWW.NWDDA.ORG



Register by December 15 for exclusive discount!
Registration closes January 28, 2024.

IN DENTISTRY, AND IN LIFE, PAIN SIGNALS US TO STOP, SLOW DOWN, AND ADDRESS THE ISSUE SO THAT COMFORT IS ACHIEVED. JOIN YOUR FELLOW DENTAL PROFESSIONALS AS WE TACKLE GETTING INTO THE COMFORT ZONE IN OUR PRACTICES AND IN OUR LIVES.

Meeting Location

HENDERSON BEACH RESORT & SPA
200 HENDERSON RESORT WAY, DESTIN

MAKE RESERVATIONS BY 1/2/24
FOR NWDDA RATE: \$234/NIGHT

850.741.2777 OR WWW.HENDERSONBEACHRESORT.COM

GROUP CODE: 10B82V



Registration & Cancellation Deadlines

REGISTER BY 12/15/23: \$10 DISCOUNT

REGISTER 12/16/23- 1/27/24: BASIC REGISTRATION FEE

REGISTER AFTER 1/27/24: ON SITE ONLY +\$25

ALL REQUESTS FOR CANCELLATION OR REFUND MUST BE MADE
IN WRITING TO NWDDA.
CANCELLATION FEE: \$25.

NO REFUNDS ISSUED AFTER 1/27/24
AND NO REFUNDS WILL BE GIVEN ON SITE.

What is the FDAS Happy Hour?

JOIN FRIENDS AND COLLEAGUES FOR A FUN HAPPY HOUR
SPONSORED BY FDA SERVICES.
THIS FREE EVENT FEATURES INTERACTIVE FUN, PRIZES, AND
FREE DRINKS FOR ALL ATTENDEES.
UNWIND AND CATCH UP AFTER A FULL DAY OF CE.

YOU MUST REGISTER TO ATTEND. SO MARK THE BOX ON
YOUR REGISTRATION FORM AND JOIN IN ON THE FUN.
FRIDAY, FEBRUARY 2 AT 5:30 PM.



Schedule of Events

FRIDAY, FEBRUARY 2, 2024

7:45 - 9:00 am

Business of Dentistry Breakfast & Lecture

9:00 am - 12:00 pm

I Haven't Got Time For This Pain:
Dental Pain Management for the Entire Team

9:00 am - 12:00 pm

Prevention vs. Prosecution

10:00 - 10:30 am

Morning Break in Exhibit Area

12:00 - 1:30 pm

Lunch & Learn - Identifying Sleep Apnea:
Waking Up to the Signs & Symptoms of this Deadly
Widespread Disease

1:30 - 4:30 pm

Mysteries of the Medical History: Every Dental
Professional's Toolkit in Successfully Interpreting a
Patient's Medical History

1:30 - 4:30 pm

Strategically Preventing & Managing Team Burnout

3:00 - 3:30 pm

Afternoon Break in Exhibit Area

4:30 - 5:30 pm

Mindfulness Through Sound

5:30 pm

FDAS Happy Hour

SATURDAY, FEBRUARY 3, 2024

9:00 am - 12:00 pm

BOTOX® to Break the Bruxism Habit Lecture

9:00 am - 12:00 pm

Dental Ergonomics: Perfect Posture Mechanics

10:00 - 10:30 am

Morning Break in Exhibit Area

12:00 - 1:30 pm

Dental Team Luncheon - Care for the Dental Team:
Mind, Body, and Soul

1:30 - 5:00 pm

BOTOX® to Break the Bruxism Habit Hands-on

1:30 - 3:30 pm

Prevention of Medical Errors

3:00 - 3:30 pm

Afternoon Break in Exhibit Area

3:30 - 5:30 pm

Prescribing Controlled Substances

Friday February 2, 2024



7:45 - 9:00 am Business of Dentistry Breakfast & Lecture

1 CE • Speaker: Bailey Rousse • Sponsored By: Carr Riggs & Ingram, Hand Arendall Harrison Sale, PNC Bank
In this yearly touchpoint, local industry leaders discuss strategies to maintain the business side of your practice with little or no pain. Key concepts covered include the latest in legal issues and financial well-being for your practice, offering beneficial strategies for dental professionals at all business stages. Breakfast included.

9:00 am - 12:00 pm I Haven't Got Time For This Pain: Dental Pain Management for the Entire Team

3 CE • Speaker: Tom Viola, RPh, CCP

Management of acute odontogenic pain is accomplished through a clinical approach that successfully incorporates intraoperative local anesthesia and a postoperative regimen of non-opioid analgesics. Improper and inappropriate use of both local anesthetic agents and analgesics have the potential to produce adverse outcomes for patients. Thus it is critical for clinicians to accurately evaluate the need for pain control, identify associated risks and assess the efficacy of the agents to be administered. During this lecture, participants gain a comprehensive understanding of the pharmacology and therapeutics of local anesthetic agents and analgesics. Special emphasis is given to effective perioperative pain management and best practices for prescribing analgesics for post-operative pain control.

9:00 am - 12:00 pm Prevention vs. Prosecution

3 CE • Speaker: Diane Watterson, RDH, MBA, GC-C • Sponsored By: Designs for Vision, iOTech International, Waterpik

The practice of dentistry and dental hygiene involves adhering to strict standards of care and observing appropriate standards of ethics and jurisprudence. Non-compliance can prove quite painful for the practice and the practitioner. In this course, Ms. Watterson examines best methods for producing desirable results to avoid injury. Clinical standards are reflected in various case histories and proper documentation protocol is discussed. Mitigating liability includes developing superb communication skills to help patients understand treatment advantages, disadvantages, risks, and alternatives. With this in mind, Ms. Watterson dissects challenging dental office scenarios (such as patient rejection of treatment recommendations), and discusses enhanced communication strategies for the entire team to utilize.

12:00 - 1:30 pm Lunch & Learn - Identifying Sleep Apnea: Waking Up to the Signs & Symptoms of this Deadly Widespread Disease

1 CE • Speaker: Tracy M. Eckles, DDS

Bruxism, hypertension, acid reflux, enlarged tongues ... These are all conditions that challenge us daily as dentists and make it harder for us to comprehensively treat our patients. But did you know they can also be warning signs of breathing issues that severely impact overall health? Obstructive sleep apnea affects at least one in five adults, and ~85% of cases are undiagnosed. ADA guidelines encourage dentists to screen every patient for this disease that, when identified and treated, adds years to life and quality to the years of our patients. As an attendee, you learn how to confidently identify patients whose lives could be changed by a sleep test, based on signs and symptoms that YOU point out. Additional fee required.

1:30 - 4:30 pm Mysteries of the Medical History: Every Dental Professional's Toolkit in Successfully Interpreting a Patient's Medical History

3 CE • Speaker: Tom Viola, RPh, CCP

What potential complications lurk behind the patient's medical history that may impact dental therapy, alter treatment plans, and perhaps even result in medical emergencies? Armed only with a summary of past and current disease states and a list of current medications, will you be able to decipher the clues, solve the mystery, and employ innovative treatment strategies to save the day? During this program, Dr. Viola provides practical tools all dental professionals can use everyday to assist in interpreting information about medications, supplements, and substances of abuse contained in a patient's medical history, and to understand their impact on dental treatment planning and patient care.

1:30 - 4:30 pm Strategically Preventing & Managing Team Burnout

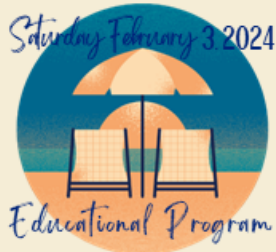
3 CE • Speaker: Kari Carter-Cherelus, RDH, DA • Sponsored By: Cloud Dentistry, Hager Worldwide, Waterpik

According to the World Health Organization, burnout syndrome is a result of chronic workplace stress that has not been successfully managed. Healthcare providers suffer from burnout at an alarming rate. Healthcare providers who suffer from burnout may deliver less than satisfactory patient care due to their overwhelming stress level. During this interactive discussion, attendees learn how to identify burnout and successfully implement strategies to prevent, manage, and overcome the damaging effects within the whole dental team. Actionable solutions are provided that will positively effect the team by attracting and retaining team members.

4:30 - 5:30 pm Mindfulness Through Sound

0 CE • Speaker/Practitioner: Carol Christensen

During this session, Carol opens by leading participants through a Yoga Nidra relaxation technique, using her voice and sound bowls. Once in a state of presence, attendees are guided to go into deeper states of stress release; this is achieved by Carol's use of melodic rhythm and a sequence of sound bowls and other instruments to create entrainment of brain waves. This will result in a deep state of relaxation. Some attendees can experience freedom from chronic and acute pain during these sessions, as well as lowered blood pressure, feelings of joy, and lessening of anxiety and worry.



9:00 am - 12:00 pm BOTOX® to Break the Bruxism Habit Lecture*

3 CE • Speaker: John Calabrese, DMD

What do we do for the patient in our chair with another broken crown due to bruxism? What about the patient we've all had that cannot tolerate the night guard we made years ago? A successful and modern solution is providing therapeutic BOTOX® injections to reduce the patient's pain and parafunction. During this all-inclusive course, Dr. Calabrese focuses on BOTOX® for the treatment of bruxism, myalgia, trigger points, other therapeutics, and approved cosmetic injections. Introducing these treatments can help dentists improve patient health and comfort while producing a fee for service opportunity. ***BOTOX® to Break the Bruxism Habit Lecture is a mandatory prerequisite for BOTOX® to Break the Bruxism Habit Hands-on, scheduled on**

Saturday, February 3 (during this meeting), 1:30 - 4:30 pm. Any attendee of **BOTOX® to Break the Bruxism Habit Lecture** that does not wish to attend the Saturday **BOTOX® to Break the Bruxism Habit Hands-on** will receive a \$400 discount voucher for use at a future hands-on BOTOX® training presented by Dr. Calabrese.

9:00 am - 12:00 pm Dental Ergonomics: Perfect Posture Mechanics

3 CE • Speaker: Stephanie Botts, RDH • Sponsored By: Cloud Dentistry, Lumadent, Premier Dental Products

The dental professional is at high risk for musculoskeletal disorders (MSD), with up to 96% of practitioners reporting pain due to clinical work habits. This is due to repetitive movements, bending, twisting, reaching, incorrect operator and patient positioning, and performing repetitive movements in a static posture. Ergonomics is the science of fitting the working environment to the practitioner, instead of forcing one's body to acclimate to the environment. Practicing proper ergonomics can increase productivity, decrease pain, and lengthen one's career. Allowing the individual to practice pain free, ergonomics can increase the quality of one's life and work satisfaction. By the end of this course, attendees are able to identify unique cumulative stress and musculoskeletal disorders that affect dental professionals, incorporate improved ergonomics and stretches into daily life, review patient and operator positioning to improve ergonomics and reduce pain, and assess ergonomic equipment to maintain proper positioning.

12:00 - 1:30 pm Dental Team Luncheon - Care for the Dental Team: Mind, Body, and Soul

1 CE • Speakers: Stephanie Botts, RDH; Kari Carter-Cherelus, RDH, DA; and Carol Christensen

New this year! Dental team members are invited to enjoy a special panel discussion — over lunch — with NWDDA Annual Meeting session leaders: Stephanie Botts, RDH; Kari Carter-Cherelus, RDH, DA; and Carol Christensen. These industry experts will dig deeper into their respective arenas of ergonomics, burnout, and sound therapy, and their relation to and impact on the dental professional. The floor will open for Q&A with these leaders to further educate the dental team on the identification of pain points in each area, as well as treatment that can be passed along to improve patient satisfaction. Additional fee required.

1:30 - 5:00 pm BOTOX® to Break the Bruxism Habit Hands-on**

3 CE • Speaker: John Calabrese, DMD

During this hands-on patient injection course, the focus will be on BOTOX® for the treatment of bruxism, myalgia, trigger points, other therapeutics, and approved cosmetic injections. Dr. Calabrese emphasizes anatomy, physiology, pharmacology, and safe injection techniques. He also reviews FDA-approved injectable products and how to avoid and treat complications and side effects. Patient evaluation, treatment planning, and hands-on injections are completed by all participants. Additional fee required. ****Each BOTOX® to Break the Bruxism Habit Hands-on registrant must bring a co-participant to administer injections on. All BOTOX® to Break the Bruxism Habit Hands-on registrants must attend the BOTOX® to Break the Bruxism Habit Lecture, scheduled on Saturday, February 3 (during this meeting), 9:00 am - 12:00 pm.**

1:30 - 3:30 pm Prevention of Medical Errors

2 State Mandated CE • Speaker: Sue Boisvert, CPPS, CPHRM, FASHRM • Sponsored By: The Doctors Company

This lecture is a state mandated dentistry-focused patient safety and risk management presentation. Ms. Boisvert provides for participants an overview of patient safety science, and addresses areas such as culture of safety, advanced communication, current dental claims data, and emerging risks. After completing this course, attendees are able to assess their practice for provider and patient factors contributing to common performance and diagnostic errors; analyze dentistry errors and implement proven strategies to improve patient safety in their practice; and educate staff on when and how to conduct a root cause analysis when an adverse event or near miss occurs.

3:30 - 5:30 pm Prescribing Controlled Substances

2 State Mandated CE • Speaker: Joshua Lenchus, DO, RPh, FACP, SFHM

During this state mandated and board approved course, Dr. Lenchus reviews the pharmacology of opioids, describes the etiology underpinning the current opioid crisis, and offers suggestions on non-opioid pain management.

Registration and Cancellation Deadlines

REGISTER BY 12/15/23: \$10 DISCOUNT

REGISTER 12/16/23- 1/27/24: BASIC REGISTRATION FEE

REGISTER AFTER 1/27/24: ON SITE ONLY +\$25

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Meeting Location

HENDERSON BEACH RESORT & SPA
200 HENDERSON RESORT WAY. DESTIN

MAKE RESERVATIONS BY 1/2/24 FOR NWDDA RATE: \$234/NIGHT

PHONE: 850.741.2777

ONLINE: WWW.HENDERSONBEACHRESORT.COM

GROUP CODE: 10882V

2024 NWDDA ANNUAL MEETING REGISTRATION FORM



Registration Information

Name _____ Registration Type _____
 Nickname for Badge _____ Email _____ Phone _____
 Street Address _____ City _____ ST _____ Zip _____



Registration Fee

CHECK ONE AND ENTER FEE AT **A**

- | | |
|--|---|
| <input type="checkbox"/> FL ADA Member Dentist \$260 | <input type="checkbox"/> Lab Technician \$160 |
| <input type="checkbox"/> Active Military Dentist \$260 | <input type="checkbox"/> Office Personnel \$160 |
| <input type="checkbox"/> Out of State ADA Member Dentist \$360 | <input type="checkbox"/> Dental Student \$60 |
| <input type="checkbox"/> Non-Member Dentist \$560 | <input type="checkbox"/> Non-Dental Guest (may not earn CE) \$60 |
| <input type="checkbox"/> Assistant \$160 | <input type="checkbox"/> New NWDDA Member Dentist (must meet approval) NO FEE |
| <input type="checkbox"/> Hygienist \$160 | |

Registration Fee Subtotal \$ _____

Deduct \$10 If Register By 12/15/23 \$ _____

REGISTRATION FEE TOTAL (**A**) \$ _____



Check the Courses and Events You Will Attend

CHECK ALL THAT APPLY AND ENTER FEE TOTAL AT **B**

Friday, February 2, 2023

- | | | |
|---|---|----------|
| <input type="checkbox"/> 7:45 - 9:00 am | Business of Dentistry Breakfast & Lecture • 1 CE • Rousse | No Fee |
| <input type="checkbox"/> 9:00 am - 12:00 pm | I Haven't Got Time For This Pain: Dental Pain Management for the Entire Team • 3 CE • Viola | No Fee |
| <input type="checkbox"/> 9:00 am - 12:00 pm | Prevention vs. Prosecution • 3 CE • Watterson | No Fee |
| <input type="checkbox"/> 12:00 - 1:30 pm | Lunch & Learn* - Identifying Sleep Apnea • 1 CE • Eckles | \$ 55.00 |
| <input type="checkbox"/> 1:30 - 4:30 pm | Mysteries of the Medical History • 3 CE • Viola | No Fee |
| <input type="checkbox"/> 1:30 - 4:30 pm | Strategically Preventing & Managing Team Burnout • 3 CE • Carter-Cherelus | No Fee |
| <input type="checkbox"/> 4:30 - 5:30 pm | Mindfulness Through Sound • 0 CE • Christensen | No Fee |
| <input type="checkbox"/> 5:30 pm | FDAS Happy Hour | No Fee |

Saturday, February 3, 2023

- | | | |
|---|---|------------|
| <input type="checkbox"/> 9:00 am - 12:00 pm | BOTOX® to Break the Bruxism Habit Lecture • 3 CE • Calabrese | No Fee |
| <input type="checkbox"/> 9:00 am - 12:00 pm | Dental Ergonomics: Perfect Posture Mechanics • 3 CE • Botts | No Fee |
| <input type="checkbox"/> 12:00 - 1:30 pm | Dental Team Luncheon* (New This Year!)
Care for the Dental Team: Mind, Body, and Soul • 1 CE • Botts, Carter-Cherelus, Christensen | \$ 55.00 |
| <input type="checkbox"/> 12:00 - 1:30 pm | NWDDA Member Business Meeting Luncheon* • Members Only | No Fee |
| <input type="checkbox"/> 1:30 - 5:00 pm | BOTOX® to Break the Bruxism Habit Hands-on (must attend lecture to attend hands-on) • 3.5 CE • Calabrese | \$ 1600.00 |
| <input type="checkbox"/> 1:30 - 3:30 pm | Prevention of Medical Errors • 2 State Mandated CE • Boisvert | No Fee |
| <input type="checkbox"/> 3:30 - 5:30 pm | Prescribing Controlled Substances • 2 State Mandated CE • Lenchus | No Fee |

* CONTACT NWDDA HEADQUARTERS WITH DIETARY RESTRICTIONS.
 MODIFIED MENUS WILL INCUR ADDITIONAL FEES FOR THE ATTENDEE.*

COURSE/EVENT FEE TOTAL (**B**) \$ _____



Total Fees

ADD TOGETHER **A** AND **B** \$ _____

Visa/MasterCard # _____ Exp Date _____ CVV # _____ Billing Zip _____
 Cardholder Name _____ Cardholder Signature _____

NWDDA Annual Meeting Speakers



Sue Boisvert, CPPS, CPHRM, FASHRM



Tracy M. Eckles, DDS



Stephanie Botts, RDH



Joshua Lenchus, DO, RPh, FACP, SFHM



John Calabrese, DMD



Bailey Rousse



Kari Carter-Cherelus, RDH, DA



Tom Viola, RPh, CCP



Carol Christensen



Diane Watterson, RDH, GC-C

Sue Boisvert, CPPS, CPHRM, FASHRM

BS degree, nursing, University of Connecticut; Masters degree, health services administration, St. Joseph's College; Senior Patient Safety Risk Manager, The Doctors Company Region III; editorial review board, Journal of Healthcare Risk Management; member, American Society of Healthcare Risk Management

Stephanie Botts, RDH

Clinical dental hygienist; ergonomic consultant, Polished Postures

John Calabrese, DMD

DMD, Tufts University School of Dental Medicine; general practice residency, Hartford Hospital; staff, Baystate Hospital Operating Room and Ascent Dental Care; nationwide instructor, BOTOX® and dermal fillers; member, Massachusetts Dental Society

Kari Carter-Cherelus, RDH, DA

Clinical dental hygienist; author, The Ultimate Guide for Dental Hygienine Burnout; founder, consultant, coach, KMC Strategic Solutions

Carol Christensen

Certified sound practitioner; student of frequency and vibration; private sound practice, Abundance Wellness Center

Tracy M. Eckles, DDS

BS degree, Florida State University; DDS, University of Texas Health Science Center Dental School; general practice residency, Medical College of Georgia; private practice dedicated to treatment of sleep apnea, Sleep Tight; vice president, Northwest District Dental Association

Joshua Lenchus, DO, RPh, FACP, SFHM

RPh, University of Florida; DO, Nova Southeastern University College of Osteopathic Medicine; internal medicine residency, Jackson Memorial Hospital; former; former hospitalist, associate professor, associate internal medicine residency program director, University of Miami Miller School of Medicine; past senior vice president and chief medical officer, Broward Health System; immediate past president, Florida Medical Association; past president, Florida Osteopathic Medical Society; past regent and current Fellow, American College of Physicians; former chair, Public Policy Committee and current Senior Fellow, Society of Hospital Medicine; vice chair, Bureau of Osteopathic Education, American Osteopathic Association

Bailey Rousse

BS degree, health services administration, Auburn University; Masters degree, health care administration; healthcare advisor, Carr, Riggs & Ingram

Tom Viola, RPh, CCP

Founder, Pharmacology Declassified; faculty, twelve dental professional degree programs; professional journal contributor in areas of pharmacology, pain management, and local anesthesia; pharmacology textbook contributor, chapter author, and peer reviewer; consultant, Council on Scientific Affairs, American Dental Association

Diane Watterson, RDH, GC-C

Clinical dental hygienist; BS degree, human service management; Masters degree, business administration; certified grief counselor; former adjunct faculty member, Guilford Technical Community College; former board member, The Speaking/Consulting Network; former Key Opinion Leader, Colgate Oral Health Advisory Board; editorial board member, RDH Magazine; author, Manage Your Practice Well, The Consummate Dental Hygienist, and Real World Dental Hygiene: Where the Rubber Cup Meets the Road; multiple journal article, textbook chapter, magazine column author; Dentsply Distinguished Dental Professional award honoree; Dentistry Today Top Clinician in CE & Consulting; owner, Watterson Speaking/Consulting LLC; member, ADHA, AADH, CMDA